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**EUROPEAN WATER POLO  
SUMMER CAMP  
JULY, 2018  
MIAMI, FLORIDA**

*Featuring Italian WP national  
team member and professional  
player Niccolo Figari*



# Niccolo Figari



Niccolo is a current member of the Italian national team, and of the Italian club Pro Recco which is the world's most successful WP club of all times. For the past 20 years, Pro Recco has featured the top water polo players in the world such as Vladimir Vujasinovic, Stefano Tempesti, Vanja Udovicic, Tibor Benedek, Filip Filipovic, Tamas Kasas and others.

Figari has been playing professionally at Pro Recco for 10 years, and with the team he's won nine Italian national league titles, nine national league cups and four European League super cups.

As a member of the Italian national team since 2009, he's participated in 4 world leagues (silver, bronze), 3 world championships (gold), 2 european championships (bronze), 2 mediterranean games (bronze), and many other international tournaments.

# CAMP SKILLS

- Physical and mental preparation for practices and competitions
- Systems for building your athletic self-esteem and water polo confidence.
- Strategies to overcome your athletic's obstacles.
- Daily habits of a well rounded athlete
- Understanding your strengths, potential and ability to succeed.
- Drives to gain advantage and create scoring opportunities.
- Hole set offensive skills and tricks.
- Center defender defensive techniques
- Proper mechanics of passing and shooting
- Shooting effectivity and precision.
- Effective individual daily drills for quick improvement.
- Fun competitive drills and scrimmages.





## CAMP DETAILS

**Dates:** July Fri 13 (12pm-5pm) , Sat 14 (10-5pm) , Sun 15 (10-5pm).

**Location:** Belen Jesuit School (500 SW 127 Ave, Miami Fl, 33184)

**Capacity:** 35 participants max

**Participation fee:** \$290 (daily lunch, snacks and drinks included)

**Registration and payment deadline:** May 30th  
*\*Registration form and payment instructions below.*

**For questions regarding this event, please contact:**  
Alain Guillen at [atletosportsprogram@gmail.com](mailto:atletosportsprogram@gmail.com) or  
at (305) 790-8440

## REGISTRATION AND PAYMENT DETAILS

1) To register, please send us a brief email at [atletosportsprogram@gmail.com](mailto:atletosportsprogram@gmail.com) with the following information:

a) Participant's full name, age, school, club, email and cell phone number.

b) Name of participant's parent or guardian, email and cell phone number.

2) To submit your payment before May 30th, please refer to our PayPal account:

[atletosportsprogram@gmail.com](mailto:atletosportsprogram@gmail.com)

3) For further inquiries, please send us an email at [atletosportsprogram@gmail.com](mailto:atletosportsprogram@gmail.com) or call us at (305) 790-8440.

